

My Week of Kindness

Try one small act each day. Ask a grown-up for help when you need it.

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MONDAY

Invite someone to join your game or activity.

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TUESDAY

Thank someone who helped you.

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WEDNESDAY

Draw a cheerful picture for someone.

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THURSDAY

Ask a grown-up how you can lend a helping paw.

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FRIDAY

Take turns and listen to a friend.

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SATURDAY

Tell someone something kind about their effort.

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SUNDAY

Share one kind thing you noticed this week.

My favorite kindness moment:

Little actions count. Keep practicing!

DETECTIVE SAM | CONNECT WITH GAIL

Plan a visit or program

Tell Gail your city, state, age group, and audience size.

Discuss a school or church visit

superalertdogadventures@gmail.com

Prefer a conversation? Request a meeting online.

Meeting and visit requests are tentative until Gail confirms.

For adults contacting on behalf of their family or organization.