Elementary: K–2 | Grades K–2

1. An invitation to play

Name: _____ Date: _____

Lee is watching a game. Nobody has asked Lee to join.

Draw how Lee might feel.

Draw or write here

Write, say, or draw one way to invite Lee.

Draw or write here

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2. Stop and choose kindness

Name: _____ Date: _____

A classmate drops a box of crayons. Someone laughs.

Circle a helpful choice: Help pick up / Laugh / Walk on.

Draw or tell an adult what you could say.

Draw or write here

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3. My small kindness plan

Name: _____ Date: _____

Choose one action: take turns, invite someone, or help tidy up.

Draw yourself trying your action.

Draw or write here

Tell an adult: What happened? What will you try next?

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Adult & educator notes

Name: _____ Date: _____

Time: 10–15 minutes per worksheet. Supplies: Pencil or crayons; an adult reader as needed.

Learning goal: Recognize feelings, invite others, and choose safe ways to help.

Read the fictional scenario aloud if useful. Students can write, draw, speak, point, or dictate. Allow students to pass or discuss a different fictional situation.

Page 1: Feelings may vary. A possible invitation is: "Would you like to play? We can take turns." Respect the other child's answer. Page 2: Helping pick up is a kind choice. Model "Are you okay? I can help." Page 3: Choose one manageable action and reflect together.

Use hypothetical situations and do not require public disclosure of bullying experiences. If a student reports harm, follow your school or organization's reporting and safeguarding process.

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